

Use this guide to help your family
learn how we can trust God.

First, watch
this week's
video!

Trust:
Putting your
confidence in
someone you
can depend on

Memory Verse

"Trust in the LORD
with all your heart. Do
not depend on your
own understanding."
Proverbs 3:5, NIV

Bible Story

Isaac's Wells
Genesis 26:1-22;
26-31

Key Question

How do you react
when things don't
go your way?

Activity

Water Race

What You Need:

two straws; water; painter's or
masking tape

What You Do:

Use the tape to make a start and
finish line on your countertop or
floor. The lines should be about one
to two inches apart. Using the straw,
place two drops of water at the start
line—one for you and one for your
child. Make sure to leave enough
space between the drops of water so
that they don't run together.

Say, "We're going to have a water
race. Using our straws, we're going
to blow our drops of water from the
start line to the finish line. Let's see
who wins!"

Complete the activity. Play as many
rounds as time and interest allow.

Talk About the Bible Story

Who needed to show trust in our story today? (*Isaac*)

Why did Isaac need to trust God? (*Because people kept
trying to take his wells*)

If you had been Isaac, how would you have felt when
everyone wanted your wells?

When is it difficult for you to trust God?

What is a situation you're dealing with right now where
you need to trust God? (*Even though you may already
know the answer to this question, it's good to give your
child the opportunity to talk about it.*)

*Parent: Share about an age-appropriate situation
in which you had to trust God in the midst of big
decisions—which job to take, how to make new friends,
how to spend money, the wise thing to say in a big
argument at home or work, etc.*

Prayer

Use this prayer as a guide, either after talking about
the Bible story or sometime before bed tonight:

"Dear God, thank You for loving us so much. Thank You
for being a God who hears all of our prayers. Thank You
for being with us no matter what we face in life. You
are trustworthy, giving us exactly what we need when
we need it. I pray that we are a family known by our
trust in You. I pray that we would trust You every day, in
everything we do. Amen."